

Dietitian Drop In Clinics

Six drop-ins per month across the borough for children under 5 years
No referral needed. First come, first seen basis

(please note you may not be seen if it is very busy)

Advice regarding allergy, faltering growth, fussy eating, nutritional concerns

Cotmandene

Date: 1st Tuesday of every month

Time: 2-5pm

Address: Cotmandene Children
and Family Centre, Cotmandene
Crescent, BR5 2RB

Blenheim

Date: 3rd Monday of every month

Time: 10am-1pm

Address: Blenheim Children and
Family Centre, Blenheim Road,
BR6 9BH

Burnt Ash

Date: 1st Wednesday of every
month

Time: 9am-12pm

Address: Burnt Ash Children and
Family Centre, Rangefield Road,
BR1 4QX

Castlecombe

Date: 3rd Tuesday of every month

Time: 12-3pm

Address: Castlecombe Children
and Family Centre,
Castlecombe Road,
SE9 4AT

Community Vision

Date: 3rd Thursday of every month

Time: 9.30am – 12.30am

Address: Community Vision
Children and Family Centre,
Woodbine Grove, SE20 8UX

Biggin Hill

Date: 4th Monday of every month

Time: 9.30am-12.30pm

Address: Biggin Hill Children and
Family Centre, Sunningvale Avenue,
TN16 3TN